

DANCE

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Please refer to the General Rules. Pg 7.

The Nelson Musical Festival Rules may differ from the Performing Arts BC Rules.

Please refer to their syllabus if considering a nomination for their festival.

SUPPLEMENTARY RULES:

1. Time Limits: entries are not to exceed:
Solos: 3 minutes Trios: 5 minutes
Duos: 5 minutes Groups: 7 minutes
Production Number 12 minutes
2. Age Categories: (As of December 31st before the upcoming Provincial Festival)
Duo & Trio categories – enter the class of oldest member
Group category – age is determined by adding the ages of all dancers and dividing by the number of dancers in the group. Totals ending in ".5" or higher are rounded up to the next age level.
*** On a Group entry form, all members of the group and their ages will be listed.**
3. Music requirements: Please note that music will be submitted digitally, recorded as a ".mp3" or ".m4a" file. Dancers will also need to provide a backup copy of all their music on a CD or thumb drive. The performer is responsible for ensuring that copies of recorded music comply with all copyright restrictions that apply to the source material.
4. Limited sets and props are suggested where allowed. All props will be an integral part of the performance and can be handled by the participant without assistance.
5. All performances will be in age-appropriate costumes.
6. Lip-synching is only permitted in Theatrical Dance and Variety.
7. Live singing is only permitted in Song and Dance.
8. Lyrics are not allowed in Ballet categories, except for Contemporary Ballet. Vocalization (humming, chanting, etc.) is acceptable.
9. In all Modern categories, lyrics, music with vocalization, vocalization without music, and the spoken word are permitted. It is recommended that every effort be made to select a musical piece that is stylistically appropriate to the Modern discipline.
10. Bare feet or socks are only permitted in Modern Dance and Interpretive Modern. No formal dance footwear is permitted in Contemporary or Interpretive Contemporary. Footwear integral to the choreographic intent of the dance may be used.
11. Any reference to violent, derogatory, or sexual content or language will not be permitted, and use of such will result in disqualification.
12. A participant may not use the same dance in a subsequent year.
13. Duos, trios, and groups will be submitted on one entry form with all names and festival ages listed.
14. The adjudicator's decisions regarding awards and provincial nominees will be final. The adjudicator may choose to select Junior, Intermediate, Senior, and Provincial Excellence participants to represent our Festival at the provincial level, provided all requirements have been met for both Performing Arts BC and the Kootenay Festival of the Arts. Please be advised that an adjudicator can also choose NOT to nominate a dancer even though they have met the stated requirements if they feel the dancer is not ready to compete at the Provincial level. The adjudicator may also select Merited Participants from the same groups to attend the Provincial Festival as a Merited Participant, not a competitor.
15. The performer is responsible for ensuring that copies of recorded music comply with all copyright restrictions that apply to the source material.

Performing Arts BC PROVINCIAL ELIGIBILITY: Dancers interested in qualifying for a provincial nomination will have performed a MINIMUM of 2 solos within the SAME DISCIPLINE of Ballet, Modern, or Stage and have received a mark of 85 or better in at least 2 of those solos.

Dancers interested in qualifying for the Provincial Excellence class are expected to be performing at a level BEYOND that is required for recommendation to the Senior class and should be at the standard of apprentice level of a professional

company. Dancers must have performed a MINIMUM of 3 solos within the SAME DISCIPLINE of Ballet, Modern, or Stage and received marks of 85 or better in all three of those solos.

Candidates WILL also participate in the Provincial Technique Class/Workshop of said category.

Please be aware that the dance syllabus of the Kootenay Festival of the Arts is not necessarily the same as the provincial syllabus, and for further information regarding provincials, refer to the Performing Arts BC website.

<https://www.bcprovincials.com>

Performing Arts BC has created a **Virtual Group Dance Category** for the Provincial Festival: Adjudicators at a local festival may choose, in each of the Group Dance class categories, up to two groups that are felt to be of an exceedingly high standard. Video files forwarded by the local Festivals will be adjudicated prior to the Provincial Festival, with winners announced during the Festival. Awards will be at the discretion of the adjudicators.

For more information about this category, please refer to [the PABC syllabus information](#) ~ page 30.

PROVINCIAL AGE LEVELS: **Ballet, Stage, Modern**

Junior: 10-12 years

Intermediate: 15 years and under

Senior: 18 years and under

Provincial Excellence: 20 years and under

AGE GROUPINGS/KOOTENAY FESTIVAL (age as of December 31st before the upcoming Festival)

Ballet	Stage	Modern
6 years and under	6 years and under	
8 years and under	8 years and under	8 years and under
10 years and under	10 years and under	10 years and under
12 years and under	12 years and under	12 years and under
14 years and under	14 years and under	14 years and under
16 years and under	16 years and under	16 years and under
17 years and over	17 years and over	17 years and over

IT IS THE RESPONSIBILITY OF EACH COMPETITOR TO READ AND COMPLY WITH ALL RULES GOVERNING THIS YEAR'S FESTIVAL.

BALLET CATEGORIES

DEMI POINTE CLASSICAL: based on any method of classical technique (Vaganova, Cecchetti, RAD, etc.), soft shoes, no sets permitted; one handheld prop may be used if integral to the dance.

POINTE CLASSICAL: based on any method of classical technique (Vaganova, Cecchetti, RAD, etc.), pointe shoes, no sets permitted; one handheld prop may be used if integral to the dance.

NEO CLASSICAL BALLET: based on any method of classical technique (Vaganova, Cecchetti, RAD, etc.) in the 20th and 21st Century style. Original Choreography should be plotless and musically driven without narrative or mime. Dancer's movements should be the primary artistic medium.

CONTEMPORARY BALLET: incorporates classical ballet techniques with a greater range of movements that may not adhere to strict body lines for classical ballet. This style includes non-traditional movements such as more relaxed steps, floor work and turned in legs, etc., to portray the concept of being more innovative, free and earthbound. The physical interpretation of the theme that the choreographer envisioned allows for more expressive emotions and feelings. Music with lyrics permitted.

DEMI-CHARACTER: based on any method of classical technique. Dancer portrays a story/idea/concept/impression while performing ballet technique from the waist down and character from the waist up. One handheld prop may be used, provided they are an integral part of the dance.

CHARACTER: ballet technique with stylized movement. The dancer will portray a definite character (actual or fictitious) with the whole body but not tell a story. One handheld prop may be used provided they are an integral part of the dance

NATIONAL CHARACTER: a choreographed dance using authentic steps from any specified country. The name of the dance and the country will be stated on the entry form.

INTERPRETIVE BALLET: dancers may use any ballet technique as long as the body is the medium of expression, and the interpretation of the music, to portray an intangible thought or mood, real or imaginary. This genre should express an idea but not a story. No sets/props are permitted.

TECHNIQUE CLASS/WORKSHOP – BALLET – This class is REQUIRED for those dancers wishing to be considered for Provincial Recommendation.

The adjudicator will arrange Technique Classes. Female participants will wear pink tights and a dark, solid-coloured leotard, and male participants will wear dark tights and a shirt or leotard in a light, solid colour. Hair will be neatly groomed.

MUSIC INTERPRETATION: when registering in the Music Interpretation (Music chosen by Adjudicator) category, please note that there is only a SOLO Category in Music Interpretation.

MODERN CATEGORIES

MODERN DANCE: a stylized dance form with its foundations on a technically based discipline such as Graham, Limon, Cunningham, Humphrey, and Horton, etc. Dance that rejects the limitations of classical ballet; was formulated from natural rhythms and favours movement derived from contraction and release, breath, suspension, fall and recovery, and dynamism. Movement may or may not be related to the music.

INTERPRETIVE MODERN: dance that uses a recognized/codified modern technique to tell a story, express a feeling, interpret a character, behaviour, or emotional state. Movement should be related to the intent of the music.

CONTEMPORARY: free movement of dance expression encompassing various dance disciplines with modern as its underlying base, such as the choreography of William Forsythe, Wayne McGregor, Akram Khan, Ohad Naharin (Gaga), Hofesh Shechter (Release Technique), etc. — a constantly evolving style of movement that explores and gives physicality to human ideologies, behaviours, and emotions, with emphasis on engaging the whole body.

INTERPRETIVE CONTEMPORARY: dance that uses contemporary movement vocabulary from stylized to pedestrian (with modern technique as its basis) to tell a story express a feeling, interpret a character, behaviour, or emotional state; e.g. Pina Bausch (Tanztheater Wuppertal). Movement should be related to the intent of the music, while the choreography will engage the whole body.

TECHNIQUE CLASS/WORKSHOP – MODERN – This class is REQUIRED for those dancers wishing to be considered for Provincial Recommendation.

The adjudicator will arrange Technique Classes. May wear any of the following: bodysuit, unitard, capris, fitted pants or shorts, footless tights, fitted tops or close-fitted tops for males. No loose tops. Hair securely fastened and neatly groomed.

MUSIC INTERPRETATION – When registering in *Music Interpretation* (Music chosen by Adjudicator) category. Please note that there is only a SOLO Category in Music Interpretation.

STAGE CATEGORIES

SONG and DANCE: a routine suited to a stage production, Equal effort in dancing, singing, and acting will be an integral part of the overall performance—no pre-recorded vocals permitted, live vocals only.

THEATRICAL DANCE: dance suited to a stage production, a review, a cabaret, etc. Contents will be predominately dancing; choreography should have a character base without straight-line work; it will be composed of a diversified vocabulary of steps and may utilize any dance genre. Live voice is not permitted. Lip-syncing is permitted.

JAZZ: dance technique based on isolation of the body and/or contraction release.

LYRICAL JAZZ: a dance that is generally performed to music in slower tempos and interprets the lyrics or intent of that piece of music. This form uses soft jazz technique and style utilizing facial and body emotions to portray an idea, story, mood or feeling.

HIP– HOP/ STREET DANCE: a constantly evolving form of dance that relies on individualism and personal style and emphasizes the expressive power of movement---should include but not be limited to choreography that incorporates a blend of contemporary funk and street style with jazz technique. May consist of moves such as gliding, popping, locking, waving, and utilizing house, old school, and new school. May also include gymnastics/power moves or any series of tricks or stunts as long as music, costumes, and lyrics are age appropriate.

TAP: arms are complementary and coordinated to the footwork. The rhythm of percussion is articulated through the feet and the entire body. The emphasis is on the clarity and shading of sounds, whether they are regular rhythm or syncopated. No dubbing of tap sounds is permitted in accompaniment.

ACROBATIC DANCE: combines dance technique with acrobatic elements to seamlessly blend the two. Dance should be 50% dance and 50% acrobatic movements. A simple prop (no mat) may be used if integral to the dance.

TECHNIQUE CLASS/WORKSHOP – STAGE – This class is REQUIRED for those dancers wishing to be considered for Provincial Recommendation.

The adjudicator will arrange Technique Classes. All dancers should wear a leotard or tight-fitting top and jazz pants or a unitard in a dark, solid colour. Hair neatly groomed.

MUSIC INTERPRETATION – When registering in the *Music Interpretation* (Music chosen by Adjudicator) category. Please note that there is only a SOLO Category in Music Interpretation.

OTHER CATEGORIES

Please be advised that these categories are NOT eligible for Provincial Nominations

CHOREOGRAPHY: This is an original dance by entrants to the music of their choice. Entrants will be judged on the originality of the idea, development of the idea as a dance form, interpretation of music and style. **There should be no teacher involvement.** Written choreography notes (in point form) **WILL** be sent to the Discipline coordinator **two weeks** before the Festival.

Dancer's notes should include the following:

- inspiration
- reason for costuming choice
- reason for music choice
- movements and counts are written out for the entire piece

If notes are not received, certificates will not be awarded, and the choreographer will receive adjudication only. **Please indicate the choreographic discipline, i.e., Ballet (B), Modern (M), Stage (S).**

DANCER'S OWN CHOREOGRAPHY: choreographed and danced by the choreographer. Please note that there is only a SOLO category in Dancer's Own Choreography.

Please indicate the choreographic discipline, i.e., Ballet (B) Modern (M) Stage (S)

STUDENT CHOREOGRAPHY: Choreography for dancers other than the Choreographer. **Please indicate the choreographic discipline, i.e., Ballet (B) Modern (M) Stage (S)**

VARIETY: This class has no restrictions, but the content is predominantly dancing and should include routines that do not fit into any other category. Lip-synching is permitted, as are words, sound effects, and live voices. Choreography may utilize any one or a mix of dance genres

PRODUCTION NUMBER: groups only, no age division. Encompasses more than one genre of dance, song and dance, and theatre styles.

TECHNIQUE CLASS/WORKSHOP

Workshops are open to all dancers. In addition to workshops for Ballet, Modern, and Stage, our adjudicators are pleased to offer two additional workshops for all age levels (Junior, Intermediate, Senior).

